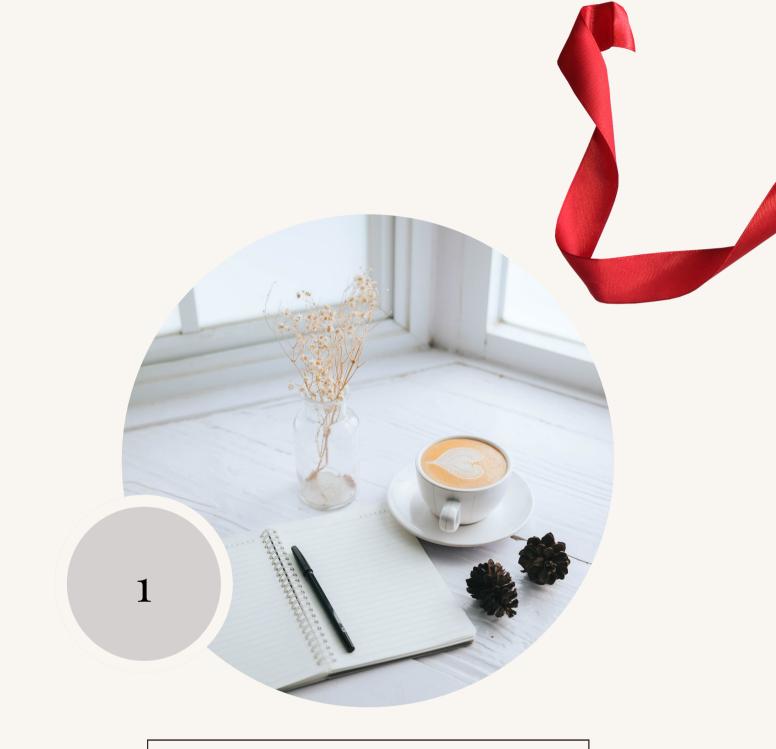
Plant&Simple



For Last minute thoughtful gifts!



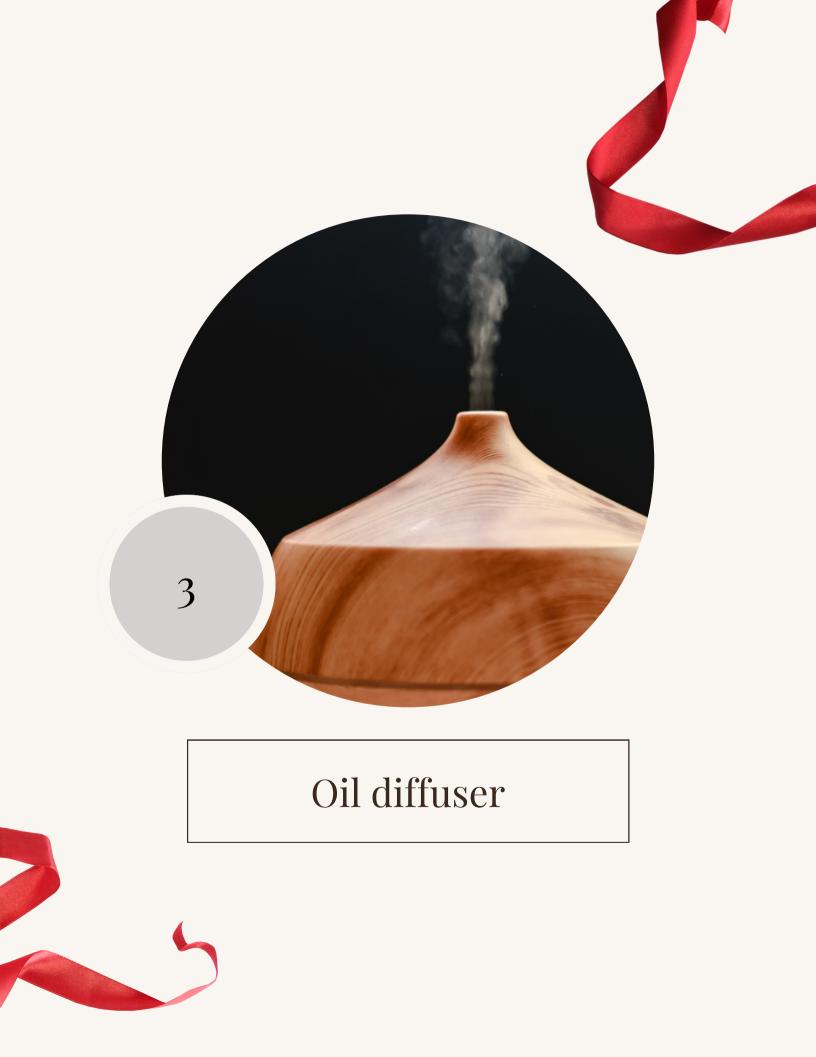


# Journal



### Weighted blanket







#### Herbal teas







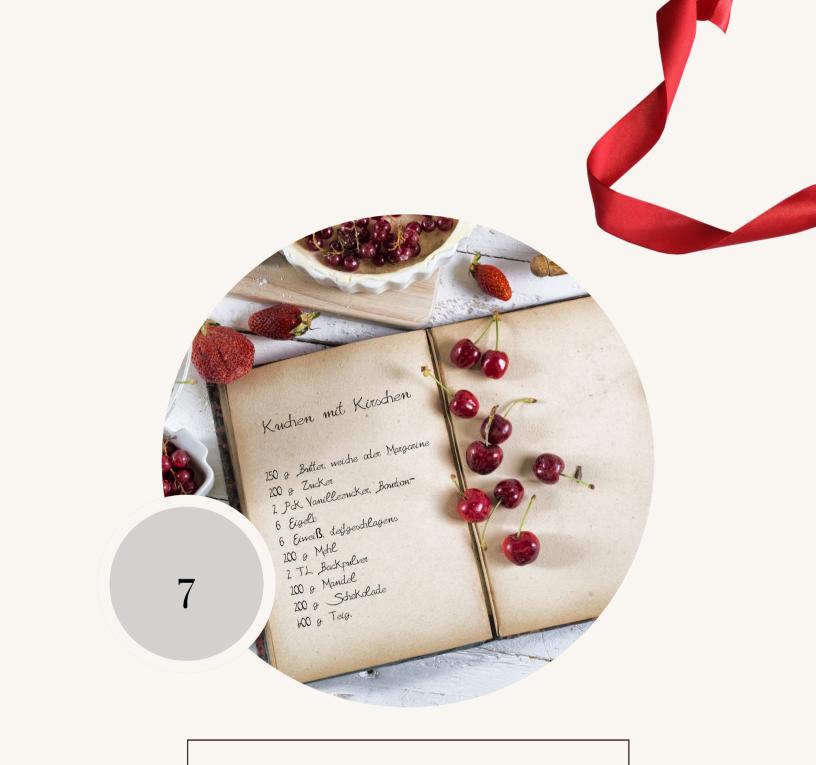
#### Warm scarf





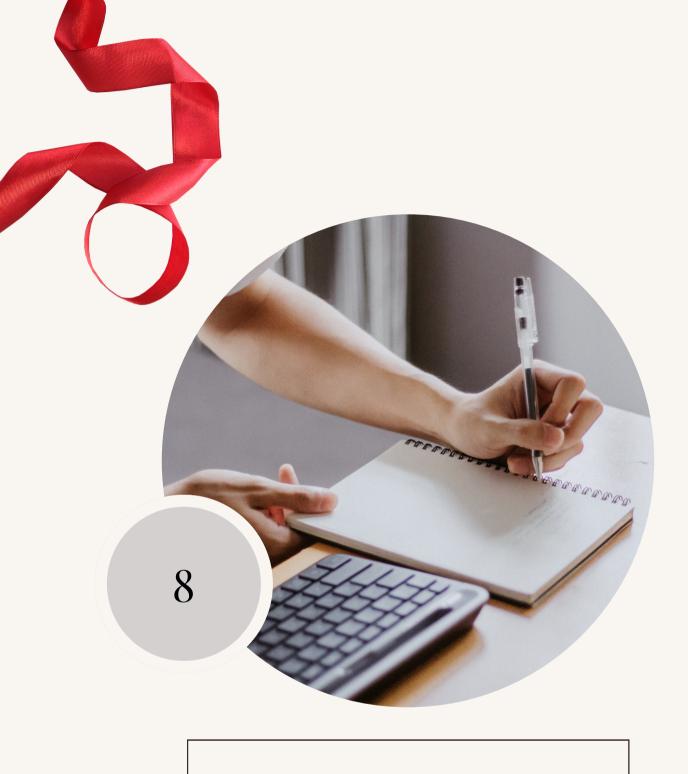
# **Charity Donation**



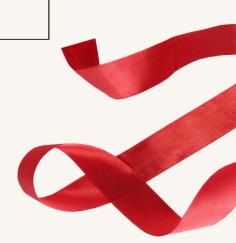


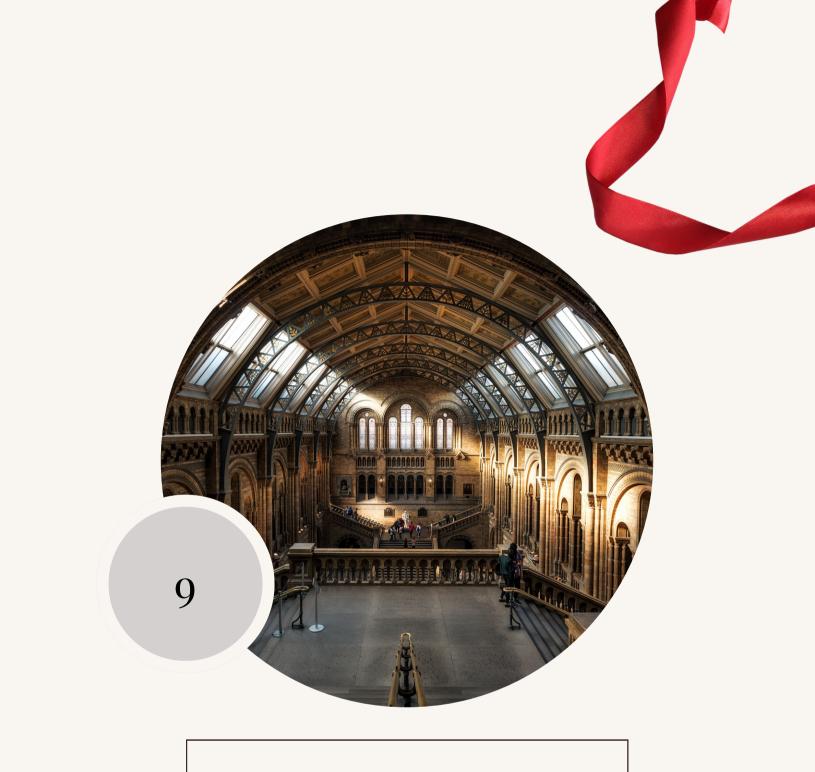
#### Speacialized Cookbook





#### Virtual Class





### Museum Admission



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The Gut Guide

A self-paced program that helps you heal from your digestive distress

10

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# WHICH GIFT DO YOU LIKE THE MOST?

Let me know in the comments!

