

Plant&Simple

10 GIFT IDEAS FOR *The Holidays*

For Last minute thoughtful gifts!



1



Journal



2

Weighted blanket



3



Oil diffuser



4



Herbal teas





5

Warm scarf





6



Charity Donation



7



Speacialized Cookbook



8

Virtual Class



9



Museum Admission



10



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The Gut Guide

A self-paced program that helps you heal from your digestive distress

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WHICH GIFT DO YOU LIKE THE MOST?

Let me know in the comments!

